



GHOST GALLOP IS BACK!

Ghost Gallop 5K & Family/ Kids 1 Mile Fun Run

GHOST GALLOP 5K DETAILS:

- Register by Oct 8 to get a t-shirt.
- Sat, Oct 29 @ 10:15 am
- Fees: \$25/Member
\$35/Non-member
- Osage Prairie YMCA
500 W Highland Nevada, MO 64772

FAMILY/ KIDS 1 MILE FUN RUN DETAILS:

- Sat, Oct 29 @ 9:30 am
- Fees: \$15/Child
or \$25/family

Sat, Oct 29
5k & 1 Mile Fun Run

Sign up
NOW!



YMCA GHOST GALLOP REGISTRATION FORM

Participant's Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Email: _____

Phone: _____

Which race are you registering for: Ghost Gallop 5K Family/Kids 1 Mile Fun Run

*****REGISTER BY OCTOBER 8 TO GET A T-SHIRT!!**

Shirt Size: Youth Small Youth Medium Youth Large
 Adult Small Adult Medium Adult Large Adult XL Adult 2XL

PAYMENT INFORMATION

Ghost Gallop 5K	Family/Kid 1 Mile Fun Run
<input type="checkbox"/> \$25 for YMCA Members	<input type="checkbox"/> \$15 per Child or
<input type="checkbox"/> \$35 for Non-Member	<input type="checkbox"/> \$25 per Family

- Check Payable to YMCA
- Pay with Credit Card at the time of registration.
- Use my payment method on file with the YMCA

To complete your registration, return this completed registration form and payment information to:
OSAGE PRAIRIE YMCA • 500 W. Highland Ave., Nevada, MO 64772 • 417-667-9622

PARTICIPATION RELEASE

I release the Osage Prairie YMCA from all claims of injury which may be sustained by the participant while participating in any Y-sponsored activity, whether caused by negligence of the Y or otherwise. If medical attention is required, I give my permission for such medical care. I also agree to follow the Osage Prairie YMCA's standards and guidelines while participating in any Y-program. Osage Prairie YMCA asks that only the items requested by staff be brought to camp and to keep all other personal items be left at home. By signing below, I give the Y permission to use photographs or videos of the named participant in its promotional/education materials.

Participant Parent/Guardian Signature: _____ Date: _____